

MARCH 2026

CCMEP SHELBY CO. —



# NEWSLETTER

## What is CCMEP?

A program that assists young adults overcome challenges in finding employment, training opportunities, and gaining independence while providing support during this journey.

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## Tips for Success

### **SET CLEAR AND SPECIFIC GOALS:**

TO TRULY TRANSFORM YOUR LIFE, FOCUS ON CREATING GOALS THAT PUSH YOU TO OVERCOME OBSTACLES. VAGUE AMBITIONS LIKE "I WANT TO BE RICH" LACK THE SUBSTANCE AND MOTIVATION NEEDED FOR REAL PROGRESS.

INSTEAD, FRAME YOUR SUCCESS IN TERMS OF SPECIFIC, ACTIONABLE OBJECTIVES THAT CONTRIBUTE TO BOTH PERSONAL GROWTH AND THE GREATER GOOD.

WITH THIS STRATEGY, YOU CAN CHANNEL YOUR EFFORTS INTO A CLEAR AND IMPACTFUL DIRECTION. EFFECTIVE GOALS TELL YOU EXACTLY HOW YOU'LL ACHIEVE SOMETHING, WHEN YOU'LL COMPLETE IT, AND WHY IT MATTERS TO YOU.



### **Office Hours and Location:**

**Monday-Friday 7:30AM-4:00PM**

**227 S. Ohio Ave., Sidney, OH**

**937.498.4981**



**Scan the code  
to learn more**

**CONTACT SANDY FORTMAN**

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"The best way to predict your future is to create it." -  
Abraham Lincoln